# BRIDLEWOOD CHILDREN'S CENTRE

November 2026 Newsletter

Growing, learning, and exploring together!

Dear Parents and Guardians,

Welcome to November! As the temperatures drop and winter approaches, we are excited to continue another month of learning, discovery, and fun at Bridlewood Children's Centre.

This month, our classrooms will explore seasonal changes, practise important social skills, and participate in creative activities that support each child's development. We also have a few important updates and community events to share with our families.

## 🏢 Office News

**Incident Reports Through Lillio (HiMama)**

As part of our ongoing efforts to improve communication with families and provide more accurate, real-time updates about your child's day, we will begin sending incident reports through Lillio (HiMama) starting November 2, 2026.

Please check the app regularly so you can receive and review important updates from our educators.

**Cold Weather Clothing**

Calgary weather can change quickly in November. Please ensure your child arrives with a warm jacket, winter boots, a hat, mittens, and appropriate outdoor clothing. A complete set of spare clothes is also recommended. Please label all belongings with your child's name.

**Health and Wellness**

As cold and flu season continues, we ask families to follow our illness policies and keep children home when they are unwell. Thank you for helping us maintain a healthy environment for all children and staff.

## 📅 Important Dates and Reminders

- **November 11:** Remembrance Day — an opportunity to teach children about peace, gratitude, and remembering those who served.
- **Throughout November:** Seasonal learning activities, indoor and outdoor play, and classroom art projects.
- **End of November:** We will begin exploring winter and holiday-themed activities in preparation for the coming season.

Please watch Lillio for any additional classroom announcements or schedule updates.

## 🎉 Family Fun Around Calgary

November offers several wonderful opportunities for families to enjoy the community together. Here are a few ideas for outings with your little ones.

**1. Petri Dish by Beakerhead — November 7–8**

Visit TELUS Spark Science Centre for hands-on science, creative experiments, and activities that encourage curiosity and discovery. Some activities are also planned at the University of Calgary.

**2. Millarville Christmas Market — November 5–8 and 12–15**

Enjoy a family outing featuring local vendors, seasonal treats, music, crafts, and festive activities.

**3. Spruce Meadows International Christmas Market — November 13–15, 20–22, and 27–29**

Explore seasonal decorations, handmade gifts, food vendors, and festive displays. This can be a fun opportunity to introduce children to local artisans and community traditions.

**4. ZOOLIGHTS at the Calgary Zoo — Opening November 14**

Enjoy illuminated displays and a winter wonderland at the Wilder Institute/Calgary Zoo. Check the zoo's website for admission details and visiting information.

## 🐛 Caterpillar Room (12–18 Months)

**Our Little Explorers**

Our Caterpillars will enjoy:

- Exploring soft fabrics, textured materials, and safe seasonal sensory activities.
- Listening to simple stories, nursery rhymes, and songs.
- Practising crawling, standing, walking, and other developing movement skills.
- Exploring large blocks, soft toys, and age-appropriate stacking activities.
- Participating in simple finger-painting and supervised art experiences.

**Our Focus:** Encouraging curiosity, building trust, developing early communication, and supporting gross and fine motor skills through play.

## 🦋 Butterfly Room (18–24 Months)

**Growing Independence**

This month, we will focus on:

- Learning about autumn and winter through pictures, stories, and sensory play.
- Practising naming familiar objects, animals, colours, and body parts.
- Exploring simple puzzles, sorting games, and stacking activities.
- Enjoying music, dancing, movement games, and outdoor exploration when weather permits.

**Our Focus:** Supporting language development, coordination, independence, and early social interaction.

## 🐞 Ladybug Room (2–3 Years)

**Little Learners, Big Discoveries**

Activities will include:

- Snow and Winter
- Remembrance Day
- Colours
- Bears

## 🐰 Bunny Room (3–4 Years)

**Learning Through Creativity and Cooperation**

This month, we will enjoy:

- Remembrance Day
- Fire Safety
- Community Helper
- Literacy and math.

**Our Focus:** Strengthening early literacy and numeracy, developing problem-solving skills, and encouraging independence and teamwork.

## 🦕 Dinosaur Room (4+ Years)

**Preparing for Kindergarten and Beyond**

Our November activities will include:

- Literacy and math.
- Remembrance Day
- Fire Safety