

Welcome to September! 🍂

A new season is beginning, and we are excited to welcome everyone back after a busy and fun summer. September is a wonderful time for children to settle into routines, make new friends, build independence, and discover all the changes that come with the beginning of fall.

We especially welcome all of our new families and children joining us this month. We look forward to getting to know you and making your child's time at Bridlewood Children's Centre happy, safe, and full of learning.

OFFICE NEWS

Fall Clothing

The weather can change quickly in September. Please make sure your child has appropriate outdoor clothing at the centre.

We recommend:

- * Light jacket or sweater * Extra pants and shirts * Closed-toe shoes
- * Socks * Weather-appropriate outdoor clothing * Hat

Please label all clothing and belongings with your child's name.

Extra Clothes

As children become more active outdoors, accidents and messy play are bound to happen. Please keep ****at least one complete change of clothes**** in your child's cubby.

If your child has grown out of their spare clothes, please replace them with the correct size.

17 Labour Day

The centre will be ****closed Monday, September 7, 2026****, for Labour Day.

Regular hours will resume Tuesday, September 8.

Truth and reconciliation Day

The centre will be ****closed Wednesday, September 30, 2026**.

Regular hours will resume Thursday, October 1.

🍁 SEPTEMBER IN CALGARY

Family Activities for Young Children

There are lots of opportunities to enjoy the beginning of fall in Calgary.

Alberta Biodiversity Festival

****September 11-13 | Calgary Zoo****

The Alberta Biodiversity Festival is a great family outing focused on Alberta's wildlife, habitats, and natural environment. Children can explore and learn about the plants and animals that make our province special.

The festival is included with regular Calgary Zoo admission.

Family Story time at Calgary Public Library

Family Story time returns in September at many Calgary Public Library locations. Programs include stories, songs, rhymes, and activities designed for young children and their families.

Programs run at locations including Crowfoot, Fish Creek, Seton, Nicholls Family, Sage Hill and others.

Chinatown Lantern Festival

****September 12****

Calgary's Chinatown comes alive with lanterns and evening activities. It can be a fun opportunity for families to introduce children to different cultures, lights, music, and food.

Fall Is Here!

September is also a wonderful month simply to explore Calgary's parks and pathways. Look for changing leaves, falling seeds, birds, insects, and other signs of the changing season.

A family walk can easily become a nature scavenger hunt:

 Find a yellow leaf

 Find a seed

 Find a small rock

 Spot a bird

 Find a tree with changing leaves

CATERPILLAR ROOM

Theme: ****his month we will be talking about school, fall, music and apples.**

Let us welcome Amari We are sure he is going to have loads of fun and learn all kinds of things. Avik and Casey are all grown up now and going to the butterfly room.**

BUTTERFLY ROOM

Theme: ****our best fuzzy friends, Teddy Bears. Since fall is around the corner, we will be talking about this colourful season as well.**** We are happy that Avik and Casey are joining us and sad to see Orest leaving us.

🐞 LADYBUG ROOM

Theme: **We have a few new fun topics to cover. Farm animals, numbers, harvesting vegetables and fruits as well as fall and trees are what we will be talking about this month.** Orest is going to join the ladybug room and continue having a blast. We are going to miss Adriel, Devisha, and Luna as they are going to the big leagues downstairs.---

🐰 BUNNY ROOM

Theme: * We are going to learn a lot about Labour Day, fall, leaves, and colours.* This month we are going to have three new friends joining our class. Let us welcome Adriel, Devisha, and Luna. It makes us sad to see Liam, Hanvika, Joseph, and Paulos leave our class.**

🦖 DINOSAUR ROOM

Theme: **We are also going to brush up our knowledge of alphabets and simple math.** Yasmine, Maria, William, Noah, Ishika, Matteo, Anahad, Casey, Krian, Aaron, Skye have graduated and leaving the center. We wish them all the best and hope to see them achieve all the amazing goals they have. Liam, Hanvika, and Paulos are joining Dino room to continue their education

🍏 A NOTE FOR FAMILIES

September can be a big adjustment for children. New routines, new classrooms, new friends, and changes at home can sometimes lead to extra emotions or tiredness.

Please remember that this is completely normal.

A consistent bedtime, a nutritious breakfast, plenty of outdoor activity, and a calm morning routine can help children start their day feeling confident and ready to learn.

Thank you for continuing to work with us and support your child's development.

We are looking forward to a wonderful September filled with **friendship, learning, laughter, and lots of fall adventures!** 🍂❤️

Happy September from everyone at Bridlewood Children's Centre! 🌻