



# MARCH 2019

**Office News:** Lets Chat!! **Nutritious Snacks to bring to daycare and everyday snacks: Fresh Fruit & Fresh Veggies** are the best ideas to give your child(ren) instead of sugary cereals / donuts / chocolate or candy. We try very hard to make sure the children are getting the right vitamins & nutrients in the meals & snacks we provide the children. If you're unsure what to give your child(ren) the New Canada Food Guide is now available, on line. I will be ordering copies and you will be more than welcome to take a copy. Please be mindful and not bring into the daycare unhealthy snacks. The website has wonderful meal and snack options if you'd like to try a few out!! We DO!!

**Psst\* Special Occasions** are the exception to the rule: Birthdays / Halloween / Christmas/ Easter etc etc.

**Catepillar News:** Oh yes it's the month of the Irish. We will be learning about and celebrating St. Patricks Day, Wear Green First Day of Spring - March 20<sup>th</sup> also Bugs n Insects. Welcome to Liisa who joins us this month. We will have a ball, Congrats to Senay & Serena who have graduated to the Butterfly Room. We will be having a party to celebrate St Patricks Day on Friday March 15<sup>th</sup>. Take a boo at our crafts on the walls.

**Butterfly News:** Welcome to Senay & Serena who have jumped on over to us. This month will be sooo much fun. Learning Nursery, Farm Animals, St. Patricks Day and Spring. Celbrating all of them with vigor! Learnming new stories, songs and doing great crafts. Look for our masterpieces throughout the room.

**Ladybug News:** Oh yeahhh this month is gonna be fun. St. Patricks Day, Spring – first day is Mar. 20<sup>th</sup> will it be burrrr cold or hmmm warm?? Time we will be learning about clocks & time! Daylight Savings starts on Sunday March 10<sup>th</sup> Put your clocks ahead 1 hour!!! We will also be sprouting a seed, and lets see what comes up!. Lots of new soongs and stories and cool crafts this month. Look for our amazing art throughout the room.

**Bunny News:** The sweet sounds of Music, St. Patricks Day, Spring and Bugs – Caterpillars & Butterflies are on our agenda this month. Remember to turn your clocks ahead on the 10<sup>th</sup>. We will be listening and learning about music. You might catch us making our own. Enjoying the outdoors on warmer days and playing in the snow is also what we are looking forward to doing. Celebrating St. Patricks Day watch for our WEAR GREEN DAY! Making awesome crafts and hanging them around the room and in the hall just for you to admire : )

**Dinosaur News:** Ewwwww we are hot on the tracks of Wild Animals, leaarning about where they live and what they do. Colour creation, 5 Senses and St. Patricks Day are also on the list this month. With our artist hands creating wonderful masterpieces for you to enjoy. We will be adventuring outside on warmer days to enjoy the snow and make angels. Singing animal songs and reading cool stories.



**Daylight Savings Time begins on SUNDAY MARCH 10<sup>th</sup> turn your CLOCKS ahead 1 hour!!**



First Day of Spring Wednesday  
March 20<sup>th</sup>



Canada Health Food Guide:  
<https://food-guide.canada.ca/en/>  
Check it Out!!